**SIZE GUIDE**

All items are unisex unless otherwise noted.

**MFR Club Vests – £19**

These vests are available in the following sizes:

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Unisex** | **3XS** | **2XS** | **XS** | **S** | **M** | **L** | **XL** | **2XL** | **3XL** |
| Chest (inches) | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 |

**Red & Black short-sleeved Club Training Tops – £22**

These tops are available in the following sizes:

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Unisex** | **3XS** | **2XS** | **XS** | **S** | **M** | **L** | **XL** | **2XL** |
| Chest (inches) | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 |

**Red & Black long-sleeved Club Training Tops – £23**

These tops are available in the following sizes:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Unisex** | **3XS** | **2XS** | **XS** | **S** | **M** | **L** | **XL** |
| Chest (inches) | 30 | 32 | 34 | 36 | 38 | 40 | 42 |

**Club Hoodies – with full zip £45**

**Club Hoodies – pull-over version £42**

These hoodies are available in the following sizes:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Unisex** | **XS** | **S** | **M** | **L** | **XL** | **2XL** |
| Chest (inches) | 33 | 36 | 39 | 42 | 45 | 49 |

**Men’s Polo Shirts – £28**

**Women’s Polo Shirts – £22**

These polo shirts are available in the following sizes:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **XS** | **S** | **M** | **L** | **XL** |
| Men’s | N/A | 35/37 | 38/40 | 41/43 | 44/46 |
| Women’s | 8 | 10 | 12 | 14 | 16 |
| Women’s (chest in inches) | 30 | 32 | 34 | 36 | 38 |

**Club T-Shirts – £21**

These T-shirts are available in the following sizes:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **XS** | **S** | **M** | **L** | **XL** |
| Mens (chest in inches) | 34/36 | 36/38 | 38/40 | 42 | 44/46 |
| Ladies size | 8 | 10 | 12 | 14 | 16 |
| Ladies (chest in inches) | 30/32 | 32/34 | 34/36 | 36/38 | 38/40 |

Varaitions such as male and female vest styles are available on request.

**Long-sleeve Fluorescent training tops- £20**

**Short-sleeve Fluorescent training tops- £18**

These tops are available in the following sizes:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Unisex** | **XS** | **S** | **M** | **L** | **XL** |
| Chest (inches) | 32-34 | 35 – 36 | 37 – 39 | 40 – 42 | 43 – 45 |

**MFR Rain Jacket – £33**

This jacket is available in the following sizes:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Unisex** |  | **S** | **M** | **L** | **XL** |
| Chest (inches) |  | 35 – 36 | 37 – 39 | 40 – 42 | 43 – 45 |

**MFR Buff- £5**

Versatile buff for all your running needs.